

Dec 28, 2025

VISION - 2026 - A motivational Workshop

Summary

The session, opened by K.girinath, featured Dr.KARTHIYA INSPIRE who emphasized that achieving "Vision 2026" requires a growth mindset, consistent action over theory, and avoiding time wastage on trivial matters, exemplified through the story of the two princes. ***Participants, including Dr. Bharat Raj Singh, introduced themselves and Dr.KARTHIYA INSPIRE stressed the need for self-reflection, cultivating good habits like gratitude, and adopting an assertive communication style for mental peace.*** The importance of clarity, consistency, integrity, and self-respect over monetary wealth were discussed, with Nar kar concluding the meeting by thanking Dr.KARTHIYA INSPIRE for the well-organized and informative session.

Details

Notes Length: Standard

- **Introduction and Call for Interaction** K.girinath opened the session with a prayer, and Dr.KARTHIYA INSPIRE immediately expressed thanks and requested that participants be interactive to make the session more interesting. Dr.KARTHIYA INSPIRE introduced themselves as owning the Center of Tech, holding a doctorate in data mining, and having transitioned from academia to industry, establishing Inspire since 2007, which has grown into a group of companies. They also highlighted their receipt of multiple awards, including Best Teacher, Best Mentor, and Best Entrepreneur awards, stating that receiving "Best" indicates doing more than expected and encouraged participants to keep their best during the session.
- **Philosophy on Experience and Personal Growth** Dr.KARTHIYA INSPIRE emphasized that their upcoming sharing for "Vision 2026" is based on experience, not theory. They added that "miracles" are a daily occurrence

because people are alive, and a realization point from listening to something is key to personal growth, suggesting the need for finetuning to sharpen knowledge and skills. They encouraged participants to energize themselves, akin to charging a mobile phone daily for perfect functionality.

- **Participant Introductions and Sharing Pride** Dr.KARTHIYA INSPIRE asked participants to introduce themselves with their name, profession, and what makes them feel pride, in order to set session expectations. *Dr. Bharat Raj Singh, a Director General from the School of Management Sciences in Lucknow, introduced himself, mentioning their PhD work on global warming, glacier melting, and having chapters included in the US high school curriculum and NASA's glacial material. Dr. Bharat Raj Singh stressed the need for a roadmap for 2026 to address challenging areas like global warming and societal contributions.*
- **The Story of the Two Princes and the Lesson on Focus** Dr.KARTHIYA INSPIRE shared a story about a king with two equally educated princes, Punjaban and Pariban, to illustrate a key life lesson. To decide the ruler, a competition was planned in 30 days, which Punjaban was confident to win because they excelled in wrestling. The minister distracted Punjaban with daily, petty wrestling matches over 28 nights, leading Punjaban to be drained of energy for the main competition, which Pariban won due to consistent practice and focus. The primary message was to "never ever waste time with the petty things," as they ruin peace and valuable success, and to concentrate only on what is big and needed for winning the game of life.
- **Importance of Gratitude and Cultivating Good Habits** Dr.KARTHIYA INSPIRE initiated a gratitude exercise, asking participants to verbally thank or write the name of a person they want to thank. They shared their own practice of starting the day by thanking God, family, and friends, and emphasized that "thanking is a good attitude we want to cultivate on everyday basis". They also advised having a paper and pen ready for the session, stating that "nothing disciplines a human mind like a paper and pen".
- **The Path to Reality and Self-Reflection** Dr.KARTHIYA INSPIRE noted that the only obstacle between a dream and reality is the story people tell themselves about why they cannot achieve their goals, urging them to start working on it and avoid excuses. They explained that the session's purpose is to rejuvenate, sharpen knowledge and skills, and move in the right direction. Participants were then asked to set intentions by making a schedule for small changes, such as saying "Thank you God" upon waking, which fosters a "gratitude heart". They also

advised asking two daily questions: "What is that I'm going to improve for the day?" and before sleeping, "What did I improve today?".

- **Skills vs. Mindset in Vision 2026** The speaker addressed "Vision 2026" focusing on rapid growth, changing job roles, and the uncertainty of the new normal. Dr.KARTHIYA INSPIRE asserted that success depends on mindset, not just skill, distinguishing between hard skills (visible and quantifiable) and soft skills (felt, like problem-solving). They emphasized that skills provide opportunities, but mindset is crucial for consistency and long-term success. They warned that while AI will not replace people, the person using AI will replace those who do not cope and learn new things, advocating for using AI to add value to creativity.
- **Current Challenges and Self-Assessment** Dr.KARTHIYA INSPIRE listed common challenges such as career confusion, fear of failure, constant comparison, and a high volume of information with little clarity. To address this, they introduced an activity for self-reflection, asking participants to assess their clarity on goals, confidence, motivation (fear or purpose), and whether they are growing or merely surviving. This was followed by a "scavenger hunt" as a fun activity to make participants smile and reflect on their current mood.
- **Future Readiness and Emotional Intelligence** To be future-ready, Dr.KARTHIYA INSPIRE suggested continuous adaptation to changes, facing new challenges, and maintaining continuous learning. Emotional balance during uncertainty was highlighted as critical, requiring emotional intelligence. They advised focusing on future results rather than current problems and placing "peace above everything," with the speaker's policy being to first surrender things to God, who will then provide a way to work on them.
- **Fixed vs. Growth Mindset and Avoiding Bad Habits** The speaker contrasted the "fixed mindset," which is closed and avoids challenges (e.g., fearing promotion), with the "growth mindset," which learns from failure and persists with patience. Dr.KARTHIYA INSPIRE listed bad habits, emphasizing that lying and breaking promises are foremost bad habits, and cautioned against habits like ego and superiority complex. They asked participants to indicate whether they lean toward a growth (G) or fixed (F) mindset, with most responding with 'G'.
- **Manifestation and Noble Intentions** Manifestation was discussed as the process where continuous thought becomes word and reflects in action, emphasizing that "what you sow you will reap". Dr.KARTHIYA INSPIRE stressed the importance of a noble intention behind desires like wealth or power, advising that if the intention is for the welfare of society, God will support it. They emphasized

the need for clarity and having a growth mindset instead of a "poverty mindset" which focuses on negative thoughts.

- **The Importance of Clarity and Action in Manifestation** Dr.KARTHIYA INSPIRE emphasized that a lack of clarity is a major reason why people with talent fail, stating that without knowing where one wants to go, any route is acceptable, making talent useless. They also asserted that manifestation requires thinking with action, as merely saying one desires "1000 crores" without working will not make it happen, and that consistency is crucial because instant results are not sustainable and "will go instantly". Furthermore, Dr.KARTHIYA INSPIRE advised that believing in oneself, which can be built through experience and strengthened by action, is vital for success.
- **Overcoming Failure and the Value of Consistency** Dr.KARTHIYA INSPIRE shared a personal experience where their research paper for a national conference was initially rejected due to lack of experimental results, graphs, and tables. They quickly enhanced the paper and received a Best Paper award for the same work at an international conference, demonstrating that one can succeed in the same area where they initially failed, as long as they apply "never give up attitude" and consistency. Dr.KARTHIYA INSPIRE characterized failure as a stepping stone to success, noting that those who never attempt anything will never experience failure.
- **Values Beyond Money** In response to a prompt asking what people value more than money, Dr.KARTHIYA INSPIRE shared a story about a merchant who sold a camel but insisted on returning a hidden pouch of precious gems found with the animal to the person who purchased it, as they only paid for the camel. The person who sold the camel declined the gift of two gems for honesty, stating they already possessed two greater gems: "integrity and self-respect". Dr.KARTHIYA INSPIRE concluded that love, respect, kindness, integrity, trust, self-esteem, relationships, faith, health, time, and freedom are things valued more than money, and that these values grow when one keeps promises to themselves.
- **Communication Styles and Assertiveness** Dr.KARTHIYA INSPIRE discussed three main communication styles: passive, aggressive, and assertive. Passive communicators, characterized by low self-esteem, are like doormats who feel their opinion never counts and accept whatever comes their way, while aggressive people demand that their word is the final say and risk losing relationships. Assertiveness, defined as clear and respectful expression, allows for a win-win approach by acknowledging that both parties have equal rights ("Let us win together") and is crucial for mental peace as it allows one to say 'no'

without guilt. Dr.KARTHIYA INSPIRE emphasized that saying "I need time to think" is also an example of assertiveness, not being in a hurry to answer.

- **Focus for the Year 2026 and Digital Citizenship** Participants shared their goals for 2026, including stopping "worry about the petty things" and "trusting everyone" or "overthinking," which Dr.KARTHIYA INSPIRE noted does not produce results unlike critical thinking. Regarding things to start, Dr.KARTHIYA INSPIRE intends to start reading books again, aiming to complete at least twelve in the year, and others mentioned focusing more on themselves. Dr.KARTHIYA INSPIRE encouraged being a "responsible digital citizen" by not engaging in cyber bullying or spreading negative messages, and by being informed and balanced.
- **The Road to Excellence** Dr.KARTHIYA INSPIRE outlined their "road to excellence," starting with being responsible for one's thoughts and words, as positive words lead to a positive life. They also stressed the importance of having a dream and working towards it, and that one will "reap what you sow," emphasizing that "your mind is a garden" where thoughts are seeds to grow either flowers or weeds. Respecting all people, including family, elders, bosses, and subordinates, matters a lot. Dr.KARTHIYA INSPIRE concluded with a parting thought, reminding everyone to "stay humble," regardless of material wealth, because "our graves are always the same size".
- **Meeting Conclusion and Feedback** Dr.KARTHIYA INSPIRE concluded the session by encouraging participants to keep their minds calm, use the right words, and be with the right people, noting that it is "Better be alone than in a bad company". A positive affirmation activity generated responses like "Everything is for good" and "No matter what happens, I will smile and move on". Nar kar provided verbal feedback, thanking Dr.KARTHIYA INSPIRE for a well-organized and informative session, specifically appreciating the emphasis on reviewing past accomplishments and providing training at affordable prices to empower youth.

Suggested next steps

Dr.KARTHIYA INSPIRE will start reading at least one book every month in 2026 to complete a total of 12 books.

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